

# WAPPINGERS CONTINUING EDUCATION

## *Fall 2015 Class Schedule*

### *Especially for Students*

#### **LANDSCAPE ART**

*David Lumia*

For students in grades 1-2 & 3-5, this class will focus on the art of landscapes. Students will learn the skills needed to complete landscape drawings & paintings using a wide variety of materials. Topics covered will include line, value, composition, perspective, and basic coloring mix. Cost includes all necessary supplies. A parent/grandparent is welcome to attend with the student & need only pay a \$10 materials fee. Grades 1-2 will meet on Tuesdays, grades 3-5 will meet on Thursdays.

**Grades 1-2 • Tues • 10/6-10/27 • 3:50-5:20 pm • 4 sessions • \$60 • Fishkill Plains ES Room 17**

**Grades 3-5 • Thurs • 10/8-10/29 • 3:50-5:20 pm • 4 sessions • \$60 • Fishkill Plains ES Room 17**

#### **PAPER SCULPTURES**

*David Lumia*

Horses, fish and other creatures will come to life simply by folding, cutting & curling a single piece of paper. Students in grades 3-5 will create their own paper sculptures using a variety of techniques learned throughout this four week course. Cost includes all necessary supplies. A parent/grandparent is welcome to attend with the student & need only pay a \$5 materials fee.

**Mon • 11/2-11/23 • 3:50-5:20 pm • 4 sessions • \$60 • Fishkill Plains ES Room 17**

#### **BASKETBALL SKILLS CLINICS**

*Larry Brooks, John Jay HS Girls Basketball Coach*

Open to girls & boys in grades 2-8, this basketball clinic will cover all aspects of the game of basketball. Instruction will include a review of the basic fundamentals of basketball in preparation for the upcoming basketball season. It is a great opportunity for those who are beginning their basketball career or for those who want to improve their current level. Campers should come dressed appropriately with shorts, t-shirt, basketball sneakers and water. Two dates to choose from! **Sign up for both clinics for \$70!**

**Sat • 9/26 or 10/24 • 9:00 am-12:00 pm • 1 session • \$40 • John Jay HS Gym**

#### **BATON TWIRLING**

*East Fishkill Twirlers*

Baton Twirling is a fun sport that will help with coordination, sportsmanship, athleticism & creativity. Members of the East Fishkill Twirlers will have the opportunity to march in local parades & compete at local competitions. Open to students grades PreK-12. Classes start Monday, 10/5. For more information, contact Alison Stuart @ 845-392-3362. Classes will run at Gayhead Elementary School on Mondays from 6-8 beginning 10/5 and ending in early May with a recital.

**Registration • Mon • 10/5 • 6-8 pm • Gayhead ES Lobby**

### *Driver Safety*

#### **5-HOUR PRE-LICENSING COURSE**

You must have a learner's permit and enroll by phone at the Ketcham HS main office. Bring permit, pencil & payment to class. Please also bring a snack & water. **Cost is \$30.** (Cash or check made payable to WCSD.) Three dates to choose from!

**KETCHAM HIGH SCHOOL, room 213**

**298-5100 ext. 0**

**3:00-8:00 pm**

September 24

October 15

November 5

## English as a Second Language

Classes are free, but there is a \$35 book fee. No pre-registration is required. Classes are on-going & students are welcome at any time. No child care available. Classes begin September 9<sup>th</sup>.

### **BEGINNING**

**Roy C. Ketcham HS – Room 110**

Mon & Thurs • 7:00-9:30 pm

### **LOW INTERMEDIATE**

**Grinnell Library**

Mon, Wed & Fri • 9:30-11:30 am

### **INTERMEDIATE**

**Roy C. Ketcham HS – Room 111**

Mon & Thurs • 7:00-9:30 pm

### **HIGH INTERMEDIATE**

**Grinnell Library**

Mon & Wed • 11:30 am-2:30 pm

### **ADVANCED**

**Grinnell Library**

Mon, Wed & Fri • 9:30-11:30 am

## HSE Preparation (previously known as GED Preparation)

Prepare for your HSE (High School Equivalency) exam. No fee for students 21 & over. Students under 21 pay a \$20 registration fee. Students 18 & under must bring their HS sign-out sheet. This is an on-going program and new students are accepted at any time. There is no need to pre-register. You may attend morning classes, evening classes or both. Classes begin September 8<sup>th</sup>.

### **GRINNELL LIBRARY**

**2642 E. Main St, Wappingers Falls**

Tues & Thurs • 9:30 am -12:30 pm

Fri • 11:30-1:30 pm

### **KETCHAM HS – room 111**

**99 Myers Corners Road, Wappingers Falls**

Tues & Wed • 5:00-8:00 pm

## Music/Dance

### **MODERN SQUARE DANCING**

*Ron McMurdy, Boots n' Bows Square Dance Club*

This class is for singles, couples & families. No experience is necessary. FREE introductory lesson September 10<sup>th</sup>. Come and learn more about this traditional American dance!

**Thurs • 9/17-12/10 • 7:30-8:30 pm • 12 sessions • \$60 • Myers Corners ES Cafe 1**

## Sewing & Quilting

### SEWING 101 - NEW!

*Renee Pasquale, Fiber Artist*

Intimidated by your sewing machine? Not after this class! Learn the beginning basics of machine sewing. Get comfortable using your sewing machine and it soon it will be your best friend to create home décor or garment sewing. We will use stress-free techniques that ease you into using a sewing machine to create a pillowcase in the very first class. Build your skills with some homework – and create a purse in the second & third classes. A fourth class is reserved for a make-up or accessory case. At the end of your four sessions, you will feel proud of your creations and have new found confidence in your sewing journey! Materials fee of \$30 due to instructor at first class. Students are also required to bring the following materials to class:

- Portable working sewing machine with power cords, foot control, standard presser feet, machine needles & bobbins
- Thread, scissors, pearl head pins & pincushion

**Thurs • 10/1-10/22 • 6-8:30 pm • 4 sessions • \$100 • Ketcham HS room 227**

### QUILTING A WINTER THEME TABLE RUNNER - NEW!

*Renee Pasquale, Fiber Artist*

Join us for this entry level quilting class and create a winter theme table runner that is not only appropriate for the holidays, but will look cozy on your table all winter long! Many techniques will be addressed in this class, including proper use of the rotary cutter, chain piecing, matching points, and pattern design, adding borders, batting, and backing. If time allows, we will explore decorative stitching and some machine applique work. This quilting project is sure to spice up any kitchen or dining room décor! (If fall theme fabric is preferred, please let the instructor know prior to the start of class.) Knowledge of threading & operating a sewing machine is required. Materials fee of \$25 due to instructor at first class. Students are also required to bring the following materials to class:

- Portable working sewing machine with power cords, foot control, standard presser feet (preferably ¼ inch foot), machine needles & bobbins
- Square template size (available at Joann's)
- Thread for machine & bobbin (neutral color) optional decorative threads
- One small craft sized package of warm & natural or warm blend cotton batting (available at Joann's)
- Scissors, pearl head pins, Olfa (or other brand) rotary 45 degree cutter
- Self-healing cutting mat with ¼ inch increment markings (preferably Fiskars brand)

**Tues • 10/6-10/27 • 6-8:30 pm • 4 sessions • \$100 • Ketcham HS room 227**

### CRAZY QUILTING "VICTORIAN STYLE" HOLIDAY STOCKING - NEW!

*Renee Pasquale, Fiber Artist*

This is an entry level quilting class that only looks advanced! Join us to create a Victorian holiday Christmas stocking. Crazy quilting techniques using a sewing machine & a bit of "crazy quilt history" will be addressed. Not a lot of rules in this class...just a lot of fun! You are guaranteed to create a masterpiece heirloom! Materials fee of \$25 due to instructor at first class. Students are also required to bring the following materials to class:

- Portable working sewing machine with power cords, foot control, standard presser feet (preferably ¼ inch foot), machine needles & bobbins
- Cotton black fabric 1 ½ yards
- Thread for machine & bobbin (neutral color) optional decorative threads
- One small craft sized package of warm & natural or warm blend cotton batting (available at Joann's)
- Omnigrid (or other brand) quilting ruler 18" long x 2.5" wide (available at Joann's)
- Scissors, pearl head pins, Olfa (or other brand) rotary 45 degree cutter
- Self-healing cutting mat with ¼ inch increment markings (preferably Fiskars brand)

**Tues • 11/3-11/24 • 6-8:30 pm • 4 sessions • \$100 • Ketcham HS room 227**

*All sewing & quilting classes will be taught by Renee Pasquale. Renee is a Fiber Artist specializing in landscape art quilts. A representation of Renee's artwork was chosen for inclusion into the 2013 "Skyfest" Exhibit at the Barrett Art Center in Dutchess County, New York. In 2014, her work was exhibited at the Hudson Valley Hospital – Art for Healing Venue. For more information on Renee, go to [www.reneepasqualefiberartist.com](http://www.reneepasqualefiberartist.com).*

## S.A.T. Review Classes

These classes are for review purposes only. They are not intensive SAT preparation classes. You can either sign up for Monday/Wednesday classes or Tuesday/Thursday classes. There will be a total of 6 math review classes & 6 verbal review classes (12 classes total) for both Monday/Wednesday & Tuesday/Thursday. Cost is \$90 for the 6 weeks (12 meetings) and includes a copy of *The Official SAT Study Guide*.

Classes begin the week of September 21<sup>st</sup> and run for 6 weeks. They are designed to be completed in time to take the November 7<sup>th</sup> SAT. Enrollment deadline is Thursday, September 17<sup>th</sup>. First come, first served. There is a minimum (12) and maximum (24) enrollment. Register early to avoid class cancellations.

### JOHN JAY HIGH SCHOOL

Mon & Wed • 5:30-7:30 pm, room 103  
Tues & Thurs • 2:15-4:15 pm, room 222

### KETCHAM HIGH SCHOOL, room 109

Mon & Wed • 2:15-4:15 pm  
Tues & Thurs • 5:30-7:30 pm

## Recreation

### BASIC ANTIQUE CLOCK REPAIR

*William Clarke*

This class is perfect for collectors or hobbyists; theory & instruction, plus information on books; hands-on experience. No class on 9/24. Limit 15.

**Thurs • 9/17-12/3 • 7-9 pm • 10 sessions • \$60 • Van Wyck JHS Tech 3**

### HOROLOGICAL RESTORATION

*Aubrey Kinney & Joseph Woleader*

Pre-requisite: Basic Clock Repair course. Cost is \$35.10 for seniors 62 and older. No class on 9/24. Limit 22.

**Thurs • 9/17-12/3 • 7-9:30 pm • 10 sessions • \$39 • Van Wyck JHS Tech 4**

### COED VOLLEYBALL FOR AGES 21 & UP

*Larry Kunz, Moderator*

Come play volleyball with relaxed rules for adults and seniors. You must pre-register for this class. No class 11/3. Limit 20

**Tues • 9/15-12/15 • 7-8:30 pm • 13 sessions • \$25 • Brinckerhoff ES Gym**

### TAE KWON DO (Korean Karate)

*Lorraine LeClair & Jeanette LeClair*

Learn the discipline of the body & mind as taught in the Art of Tae Kwon Do; for ages 10 thru adult. Students under 12, submit proof of age. Age 9 admitted with enrolling & attending adult. Discounts available: first family member full price, all other members of the same family half price; or same person second night half price; senior discount 10%. Choose only one discount. A great sport for all ages & genders! No experience necessary. Program continues.

**Mon • 9/21-11/30 • 6:30-8:30 pm • 10 sessions • \$60 • Fishkill Plains ES Gym**

**Fri • 9/18-11/20 • 6:30-8:30 pm • 10 sessions • \$60 • Fishkill Plains ES Gym**

## Personal Finance & Business

### PASSPORT TO RETIREMENT

*James P. Agrawal, Certified Financial Planner*

Develop & organize a detailed financial plan! Define & create your retirement, assess the costs of retirement, evaluate sources of income, invest for the future, protect your health & wealth, receive funds from your retirement plans & manage your estate distribution. Book fee \$25, payable first night of class. Spouse/guest may attend free of charge.

**Tues • 10/6-10/20 • 7-9:30 pm • 3 sessions • \$49 • Ketcham HS Library**

### **WRITING FOR SMALL BUSINESS OWNERS & NON-PROFIT GROUPS - NEW!**

*Curtis Schmidt, Editor & General Manager of Northern & Southern Dutchess News*

Writing is a vital form of communication in today's business world. The important point to remember is that what you write & how you write it can make or break you. Writing projects an image. What type of image do you project? Join veteran writer and Editor Curtis Schmidt for a series of informative classes designed to help you become a better writer and communicator – within your own style. Learn basic tips of sentence and paragraph structure, and the advantages of clear, concise writing. This class will also cover writing press releases and pitches to the media, communicating with your clients through monthly newsletters and blogs, plus "Writing to Inform" and "Writing to Sell and Promote." You have the opportunity to impress and prosper. You also have the opportunity to embarrass yourself and fail. Let's work together & succeed! No class 11/11.

**Wed • 10/14-11/18 • 7-8 pm • 5 sessions • \$90 • Ketcham HS Room 107**

### **WILLS, TRUSTS & ESTATES**

*Shari Hubner, Esq.*

This course will offer an in-depth discussion of Wills, the Probate process, Trusts, and the advantages/disadvantages of their use, as well as Estate Tax issues. The course will be divided into three sessions with Wills, Powers of Attorney & health care proxies/living wills in Session I; Trusts, probate avoidance & asset protection in Session II; and Asset Protection & Medicaid Eligibility rules in Session III. There will also be some overlap among the sessions. Register for one session or all three.

**Wed • 9/30-10/14 • 4:15-5:30 pm • 3 sessions • FREE • Ketcham HS Room 110**

### **INVESTING SECRETS WALL STREET DOES NOT WANT YOU TO KNOW**

*Rick Nathan, Consumer Advocate*

Learn how not to be ripped off when buying or leasing cars, buying insurance, investigating long-term care insurance, investing with or without financial planners, & investing in mutual funds on your own. After taking this course you will have the confidence to invest on your own or be able to interview financial planners to find the right one for you. Optional materials fee of \$20 payable to instructor.

**Thurs • 9/24 • 6-8 pm • 1 session • \$50 • John Jay HS Room 103**

### **HOW TO DRASTICALLY CUT COSTS IN DIFFICULT FINANCIAL TIMES**

*Bev Nathan, Consumer Advocate*

Topics to be discussed are ways to save money by investing on your own with no-load mutual funds, the benefits of credit unions, buying used cars, saving money when getting a car, home & life insurance, and methods to reduce your school & county taxes on your home. Optional materials fee of \$20 payable to instructor.

**Thurs • 9/24 • 6-8 pm • 1 session • \$50 • John Jay HS Room 101**

### **GREAT REAL ESTATE DEALS IN DIFFICULT TIMES**

*Rick Nathan, Consumer Advocate*

Rick Nathan is strictly a consumer advocate & not a real estate agent. He will teach you the pros & cons of foreclosures, renting w/option to buy, owner financing & buying for no money down. You will also learn how to wisely buy or sell investment properties, primary homes, multi-families & vacation homes. Optional materials fee of \$20 payable to instructor.

**Thurs • 9/24 • 8-10 pm • 1 session • \$50 • John Jay HS Room 103**

### **STARTING A BUSINESS WITH LITTLE MONEY DOWN**

*Bev Nathan, Consumer Advocate*

Learn behind-the-scenes practical information on how to start a successful, home-based, second-income business which can then become full-time. Learn how to avoid making major financial mistakes. Optional materials fee of \$20 payable to instructor.

**Thurs • 9/24 • 8-10 pm • 1 session • \$50 • John Jay HS Room 101**

## *Special Interest*

### **SIGN MAKING - NEW!**

*Paul T. David*

Come learn from an expert woodworker how to make signs. Using common hand and power tools as well as CNC routers and laser printers, participants create signs both large & small. Wood, glass, plastic and aluminum will be the primary materials used. Other types of materials will be demonstrated as time allows. An introduction to computer modeling will be necessary for the CNC equipment and some hand drawing may be required. Come have fun building a sign for your house! Hearing & eye protection is required. \$35 materials fee due to instructor at the first class.

**Wed • 9/16 & 9/30, 10/14 & 10/28, 11/4 & 11/18, & 12/2 & 12/16 • 6-8 pm • 8 sessions • \$135 • John Jay HS Room 169**

## HOME UPHOLSTERY

*Willie Masker*

Various techniques will be taught to the students by upholstering their own chair or stool. Spring tying, tacking, cotton molding, machine & hand sewing, and different tufting will be covered. Tools and supplies will be talked about the first night. Students are asked to bring a picture of their project to the first class. No class 10/12.

**Mon • 9/21-11/30 • 6-9 pm • 10 sessions • \$125 • Ketcham HS Room 229**

## Health, Fitness & Well-Being

### ZUMBA® - NEW!

*Carmen LaSerna*

Come join us for a Zumba® fitness party! Zumba® is a fun, joyful Latin-inspired fitness workout class that combines all the rhythms in Latin music. All levels welcome. Wear comfortable clothes, supportive sneakers & bring water. Two sessions to choose from! No Wednesday classes on 9/23, 11/11 & 11/25.

**Tues • 9/15-12/8 • 6:30-7:30 pm • 12 sessions • \$96 • Ketcham HS Cafeteria**

**Wed • 9/16-12/16 • 6:00-7:00 pm • 11 sessions • \$88 • Ketcham HS Cafeteria**

### ZUMBA GOLD®- NEW!

*Carmen LaSerna*

Zumba Gold® is perfect for active older adults who are looking for a modified Zumba® class that recreates the original moves they love, at a lower intensity. Wear comfortable clothes, supportive sneakers & bring water.

**Tues • 9/15-12/8 • 5:30-6:30 pm • 12 sessions • \$96 • Ketcham HS Cafeteria**

## Free Classes

### COLLEGE PLANNING 101: ADMISSIONS & FINANCIAL AID: WHAT IT TAKES TO GET INTO COLLEGE TODAY

*Stephanie Mauro, CCPS*

In this seminar, you will learn what it takes to get into college today including the financial aid system and how it works; how to maximize your student's potential to receive scholarships, grants, & forms of merit-aid; the importance of the SAT & ACT tests and how colleges value them; and what the more selective colleges really want to see on your student's application. You'll be shown a time-line for success for where you should start in the college planning process and how it's possible to attend a private college for a public college price. Don't miss this informative seminar!

**Wed • 9/16 • 6:30-8 pm • 1 session • FREE • Ketcham HS Auditorium**

### SUCCESS WITH COLLEGE SPORTS – RIGHT PROGRAM! RIGHT COLLEGE! RIGHT PRICE!

*Stephanie Mauro, CCPS*

In this seminar, parents & students will learn what coaches are looking for, the difference between DI, DII & DIII colleges, how to get noticed by coaches, how athletics can get students into top colleges and when to start this process. In addition, participants will learn what it takes to get into college today, including the financial aid system & how it works; how to maximize your student's potential to receive scholarships, grants & forms of merit aid; the importance of the SAT & ACT tests & how colleges value them; and what more-selective colleges really want to see on your student's application. You'll be shown a time-line for success for where you should start in the college planning process and how it's possible to attend a private college for a public college price. Don't miss this informative seminar!

**Wed • 10/28 • 6:30-8:30 pm • 1 session • FREE • John Jay HS Auditorium**

### CREATING YOUR PATH TO COLLEGE

*Stephanie Mauro, CCPS*

This class was created to help college-bound students in the college planning process. There are so many items that need to be done and dates that you need to be aware of. This class will give students the time line for high school years that will get them ready to apply for colleges. Students will also learn how to keep track of important events and successes in high school and create a resume they can continue to work with as they progress through school. In addition, they will learn the about the differences in the ACT & SAT tests and gain an understanding as to which test would best suit them.

**Tues • 9/15 • 2:15-3:30 pm • 1 session • FREE • John Jay HS Room 101**

**Wed • 9/16 • 2:15-3:30 pm • 1 session • FREE • Ketcham HS Room 110**

**HOW TO PAY FOR COLLEGE WITHOUT GOING BROKE**

*Stephanie Mauro, CCPS*

Learn about what financial aid really means to a family and about how the different financial aid forms affect the cost of college. This class is for anyone, parent or student, who wants to learn how the financial aid system really works and how to best be prepared for that first college bill!

**Wed • 10/14 • 6:30-7:30 pm • 1 session • FREE • John Jay HS Room 128**

**WILLS, TRUSTS & ESTATES**

*Shari Hubner, Esq.*

This course will offer an in-depth discussion of Wills, the Probate process, Trusts, and the advantages/disadvantages of their use, as well as Estate Tax issues. The course will be divided into three sessions with Wills, Powers of Attorney & health care proxies/living wills in Session I; Trusts, probate avoidance & asset protection in Session II; and Asset Protection & Medicaid Eligibility rules in Session III. There will also be some overlap among the sessions. Register for one session or all three.

**Wed • 9/30-10/14 • 4:15-5:30 pm • 3 sessions • FREE • Ketcham HS Room 110**

**GETTING THE MOST OUT OF SOCIAL SECURITY**

*Elaine Lacy, TEG Credit Union*

In this class you will learn key facts about Social Security and how to navigate the decisions surrounding the program, including understanding your options, how to get started, and more.

**Tues • 10/6 • 6-8 pm • 1 session • FREE • Ketcham HS Room 110**

*Registration Form*

*Please complete registration form & mail with payment to:  
Wappingers Continuing Education, Ketcham H.S. Annex  
99 Myers Corners Rd, Wappingers Falls, NY 12590*

**Wappingers Continuing Education**  
Ketcham H.S. Annex, 99 Myers Corners Road, Wappingers Falls NY 12590

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

LIST COURSES: \_\_\_\_\_

TOTAL REGISTRATION FEE(S) ENCLOSED: \_\_\_\_\_

**Make checks payable to Wappingers Central School District.**  
**No acknowledgement of registration will be made.**  
**Refunds are granted only in cases where there is insufficient registration and a class is unable to meet.**

*Questions?*

Contact the Wappingers Continuing Education office at 298-5000, ext. 40137 or 40130. If you have a class you would like to offer through Wappingers Continuing Education, please give us a call! Office hours are 9:00 am-12:30 pm.